

International Journal of Sports Physiology and Performance

Human Kinetics, Inc.
P.O. Box 5076
Champaign, IL 61825-5076
Fax: 217-398-2207

Transfer of Copyright

To be signed by the author or, in the case of multiple authorship, by at least one of the authors who agrees to inform the others, or, in the case of a work made for hire, by the employer.

Copyright to the article by _____
submitted under the title _____

is hereby transferred to Human Kinetics effective if and when the article is accepted for publication in the *International Journal of Sports Physiology and Performance*. Authors also grant Human Kinetics permission to place the article in various electronic forms in addition to any printed journal. Those forms include:

- Placement in an online database retrieval system
- Placement on a CD-ROM
- Placement on the Internet
- Placement on a web site on the World Wide Web

These rights encompass the article in its entirety, table of contents, and abstract.
For authors who are employees of the Government, the transfer of copyright is understood to be effective only to the extent that such copyright is transferable.

The authors explicitly reserve the following rights:

All proprietary rights other than copyright, such as patent rights.

The right to use all or part of this article in future works of their own, such as lectures, reviews, textbooks, or reprint books.

The right to make copies for the authors' own teaching use.

The right to use figures and tables in future publications, provided explicit acknowledgment is made of their initial appearance in this journal.

The right to post an electronic version of the finalized article on the authors' own web site or web site(s) or other electronic repositories controlled by the authors' institution, provided that the electronic version is in PDF or other image capturing format.

Signature

Signature

Name (print)

Name (print)

Date

Date